

Wachusett Pediatric Dentistry  
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At today's appointment, donut-shaped elastics have been placed between some of your child's teeth. These are to cause the teeth to separate enough to fit orthodontic bands between them at your next appointment. Your child will be aware of a slight elastic pressure between the teeth. The pressure will increase when the mouth is closed. If your child is in discomfort, please call the office. Instruct your child to avoid sticky food, and avoid flossing where the separators are. Your child should brush his / her teeth regularly, however. If the elastics fall out, don't worry. This just means that they have done their job and the teeth are now apart enough to receive bands. Please call the office, however, and we will advise you if it is necessary to have the elastics replaced.