

Wachusett Pediatric Dentistry
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INSTRUCTIONS FOLLOWING FILLINGS

- When an anesthetic has been used, your child's lips & tongue may be numb for 3-4 hours after the appointment. Please be sure to watch your child!!! Patients should avoid any chewing and hot beverages until the numbness has completely worn off. It is very easy for children to bite or burn their tongue or lip while it's numb. *If your child does bite his/her lip, the bitten area will swell, ulcerate, and look like a bad burn. In 7 to 10 days the swelling will subside and the area will return to it's normal look. Placing an ice-pack will reduce the swelling.*
- Your child may eat, drink and chew on the filling as soon as the anesthetic completely wears off.
- Your child's bite might be bumpy or uneven for a couple of days, but the bite should return to normal within 3-4 days.
- If your child did not have nitrous oxide, after the procedure your child may return to school and resume normal activities, but please be sure he/she does not bite their lip.
- There might be slight bleeding or soreness in the area of the filling, but the discomfort and bleeding will subside in a few hours.
- It is normal for the child to experience some **hot / cold** sensitivity after your appointment. The injection sites may also be sore. The discomfort should subside after 24 hours.
- If your child has discomfort you can give him / her Ibuprofen (Motrin), or Tylenol to alleviate the tenderness.
- If you have any questions or concerns please call the office.

Reference:

- American Academy of Pediatric Dentistry: The Handbook. 1996, 102.
- American Dental Association. Tooth Extraction, postoperative instructions. 1995